

Maina Krisani

DOB- 22nd April 2007

Report for 2022-23 (Fist Term)

Academics: -



Maina appeared for her Class 10 board exams in the month of April'22. She had been studying hard for the exams, which is quite against her grain. The results were declared in mid-May. It was quite a pleasant surprise as the results were better than we had expected. The following were her results: -

Mathematics-	94%
Hindi-	85%
Science-	79%
English-	74%
Social Science-	69%

After this started the process of filling her application form and applying to various schools for admission. Maina had decided that she wants to take up science and also decided that she wants to move on. Only those students who are self-motivated are allowed or encouraged to stay on in AMVM in class 11. The reason is that one must be



self-motivated to study. The number of students in small and there is a plethora of options to choose from. Some of the subjects are taught online. Maina realised that she has to be at a place where there are plenty of students and a regimented structure. She therefore decided to take admission in Matru Bhawan, Cuttack. For three months she studied her 11th class syllabus and it was only in mid-September that her new school opened.

Maina had a lot of pressure from her mother to drop studies and work at home and get married. Her mother's complaint is that all four of her children are studying. Maina being the third out of 1 brother and 3 sisters, the pressure was now on her. Due to this reason Maina would not stay at home even after her exams were over.

Sports: -

Maina is a strong girl. She has a natural physique for sports. She is very good at athletics and plays basketball very well and also plays football and volleyball at a reasonably good level. Maina was regular for sports when her exams were



approaching and even when they were going on. Maina is a good swimmer and cycles well.



Shramdan: -

Maina started going for shramdan in the morning after her exams had got over. For the last couple of years or so, Maina had not been doing shramdan as she was studying. She is conscientious in whatever she does. She is quick with her hands and is skilled.

Yogasana: -

Regularly participated in the yoga class in the morning at 6. In the class I would do all the asanas(postures) and pranayam. I would always focus on my postures while doing every posture and try to bring improvement and perfection in them. My favourite posture is 'Sirsasan'(head stand). I love doing yogasana because it improves my flexibility.