Jagat Nag

DOB- 17 November 2002

Attendance-182 out of 183 days

Report for 2023-24 (First Term)

Shramdaan:

Recently, I have incorporated yoga into my routine, starting at 6 AM. The asanas have become an enjoyable part of my morning. Following this, at 6:30 AM, I engage in shramdaan activities. Over the past few months, I've contributed to various tasks such as

kitchen duties, toilet cleaning, and hostel maintenance.

Academics:

I am currently preparing for my December exams, pursuing my third year of graduation. I am focusing on five exams, consisting of two in physics and three in mathematics. Without a dedicated teacher, I rely on online resources to grasp the complexities of mathematics. While both subjects pose challenges, I am diligently putting in effort to overcome these difficulties.

Volunteering:

I am actively involved in volunteering for three hours a day. Two of those hours are dedicated to maths sessions with the Perseverance group, while the morning hour is spent teaching a science class with the Progress group. Additionally, I assist and supervise boys with their homework for an hour after dinner. Although I prioritize my studies, I find joy in teaching science, especially when students actively participate and show interest. I often conduct experiments, particularly in topics like light, reflection, and refraction, to enhance

their understanding. Currently in my last year of graduation, I have five more subjects to complete, including three math papers and two subjects in physics. Despite the challenges, I utilize online resources, such as videos, to clarify doubts and enhance my learning.

Games:

While my morning runs have diminished, I have embraced yoga classes daily. I have also taken up javelin throw practise on the field after the children's games. Utilizing online videos, I learn techniques and exercises related to javelin throwing. Football is now a twice-weekly activity, and on Wednesdays, I conduct basketball drills for the boys of Humility and Progress groups. I participate in the second basketball game, usually commencing at 5:15 PM.

Festivals:

On August 15th, I played the role of Sri Aurobindo in a play about freedom fighters. Although expressing emotions while speaking posed a challenge, I was confident and loud during the performance, thoroughly enjoying the role. Additionally, during various festivals, I took on the role of anchoring and assisted in decorating the stage.

पवित्र
रक्षाबंधन

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