

# Bliss Group

## Report for 2022-23 (Second term)



The Bliss Group comprises of 19 children aged from 6 to 7 years. All the children are regular to school except a few of them who take a few holidays. They reach school by 8.00 a.m., in fact some reach even earlier. All of them come becoming neat and tidy and wearing

clean clothes. In case any child comes wearing torn or dirty clothes on some day, then they are given clean and fresh clothes to wear in the group. Most of them like to have breakfast at the school hostel so they go directly to the



hostel after coming from home, to have breakfast. All the children like to drink milk. They like to eat all the vegetables cooked in the hostel. All of them also love to have curds for lunch. After breakfast they brush their

teeth and then they all together go to the field for their physical activities which starts at 8:30 a.m. When they come to the group after games, they decorate the flowers for The Mother and clean their group after which their classes begin and continues till lunch time which is at 12:15 p.m. They take rest for one hour after lunch. After getting fresh, they have different co-curricular activities.

## Physical activities

**AIM**-The aim behind this is to improve the ability, flexibility, stamina, speed, agility, alertness, observation, balance, and make them active and attentive during the class.

The children of Bliss group have their games along with the Victory group which starts at 8:30 a.m. and continues



till 9:30 a.m. Two days a week they don't have games as they go for assembly with other group children. They all are energetic and always enjoy the games and other sports activities such as running, jumping and joint exercises. Most of them run fast and have increased their stamina. Most of them have good agility. A timetable of games is made for them which they follow.

Games timetable of bliss group is: -

Sunday- Minor games

Tuesday- Fun games

Wednesday- Minor games

Thursday- Jumping

Saturday- Races



On the days when they have minor games, they play Chain game, Fire on the mountain, White duck yellow duck, Buddies Japanese Kho-Kho, Blindfold chela, Ice and water, etc.

In races they have different types of races such as running race, hopping race, crab walk race, piggyback race and Tunnel passing relay race, etc.



During fun games- they play with the ball and bat, learn hoopla, skipping and other games using these equipments.

On 4<sup>th</sup> February they had taken part in the programme for Sports day. So, they practiced dumbbells to perform for Tara didi on the Sports day. They learnt very fast and performed well.





## Language (Hindi)

Hindi class starts in the morning at 9.30 and ends at 10.30. The class starts with concentration and with some chants. They sit in dhyana mudra and chant all the mantras they have learnt. They have recently learnt some new chants and songs. They

learnt the songs quite fast. They enjoy singing the funny songs of animals along with the actions.

During the class more focus is given to their listening, thinking and speaking skills. So, storytelling is a daily activity. Everybody loves to listen to stories from the picture books. After they listen to the stories, some questions are asked to them from the story and most of them are able to answer them. Some children can retell the same stories sequence wise quite easily while some can retell a part in a few lines. Sometimes they also make drawings on the stories which they are told and they enjoy a lot.



They also like to do dramas on the stories they listen to. So, they practice plays on short stories in the group and perform them in the assembly. For The Mother's birthday they prepared a play "Sab se achhi sabji kaun" and also made a creative

song on different vegetables. The song was beautiful as it was made by all the children from their own thoughts.

To develop their creative thinking sometimes they go for walks in the nature. While they walk, they keep talking about the trees, animals and listen to the sounds of birds and see the insects. After the walk, when they come back to the group, they enjoy making pictures of what they have seen and then they create stories on their pictures and share with others. Most of the time their stories are related to the nature (animals, birds, butterfly, flowers, sun, etc). All the children can tell stories of 10 to 15 lines.



Children create their stories in a different manner. Some children's thought patterns are sequential. Their stories start with a sensible theme and continues till the end. Some children create stories which are related to their daily routines. For example- come to school, having breakfast, singing songs, drawing, come back to home, having dinner and sleep. Some of them tell the stories in a jumbled manner. They find it difficult to make a link among their sentences. For example: - the girl is playing. Crow is flying. My sister is coming.



Now they have started to talk about a particular subject. They learnt about vegetables from storybooks. They went for a walk to the vegetable garden in the hostel to see different vegetables and they learnt the names, colours, shapes, tastes of vegetables and how they grew (from seeds or from plants), all in

Hindi. They made drawings of the vegetables and each one of them could tell 5 to 6 lines about different vegetables. They also made a chart about the vegetables by sticking the pictures which they had made.

During the class, they also learn some Sanskrit chants and some songs.

**Some of the new chants which they have learnt are: -**

Ya kundendu tushara hara dhabala

Sahana bhavatu

Gayatri mantra

Sri Aurobindo's gayatri mantra



**Some new songs that they have learnt are: -**

Sidhhi Vinayaka jay Ganapati

Ishwar sheesh jhukate hain hum

Hum bachche hain chhote chhote

Aao more mandir Ram

Munna bada pyara

Suraj zara

Hum honge kamyab



## English

English is a foreign language. It is totally new for the children. So, they take time to understand the language. In the class, emphasis is given on their listening skills and their speaking. More importance and focus are given on the

process of building their vocabulary and pronunciations. They like to sing the rhymes along with the actions. All the children sing loudly, but some children face difficulties to pronounce the words. They learn the rhymes very quickly. They have learnt some new rhymes in these few months. They are: -

Insy Winsy spider

Green grass grows all round

Thumbelina

This old man

The children like to listen to short stories of animals from the picture books along with some action and sounds of different animals. They love to look at the pictures while listening to the stories. In order to improve their vocabulary and understanding of the stories, they are told the same story twice or thrice in a week. After repetition, they are able to understand the full stories. While listening to the stories they try to speak some words and try aping animal sounds. After listening to the full story, the children are able



to answer the questions asked related to the stories as they can understand

simple questions. Some children try to answer in full sentences, while the others too try to answer even if they answer using some words only. After the asking of questions are over, the same stories are told by the children by taking the help of the pictures in the book. Every time a different child is given a chance to retell the stories so that every child develops their speaking and builds confidence. Some children can retell the stories using full sentences, while some can tell the stories in a few simple sentences and the rest try to tell using some words by looking at the pictures. Most of them remember the sequence of the stories very well which shows that they listen to the stories with full attention and interest.



The children also like to enact short plays from the storybooks. They practiced and performed the play “Cow eats grass” in the assembly. They take a little time to memorise the dialogues but each one of them tries to give their best in the plays they learn and perform.

Sometimes the children are taken for walks during class time to give them an exposure into the nature so that they can relate to the natural elements and learn their names easily. While they walk, they are in constant conversation with the teachers and amongst each other which includes talks about the trees, fruits, sun, clouds, flowers, insects, birds, etc. In this way, they are able to know the English names of the various things in nature and even try to make simple sentences on them. They make drawings related to nature and then tell the names of the objects or the things they have made.



To develop their vocabulary, they are shown picture books from which they learn names of vegetables, animals, fruits, etc.

## Mathematics

Once one child asked the Divine Mother “How can Mathematics help me to find you”? She found it amusing and replied “To be able to receive and bear the light of truth, the mind must be strengthened, broadened and made supple. These studies are an excellent way to achieve this”.



These words have always been an inspiration in order to encourage and guide the children for learning Mathematics. The classes take place in play-way method where the children learn in a happy environment.

The children are now able to count successfully from 1 to 100 both forward and backward without any objects. They can also count if a number is given from the middle. For example (Count backward from 70 to 35). They also understand the concept of zero. They recognize the numbers on the Ganit mala and the bundles.

Most of the children are clear in before, after and between numbers but some still have confusion in the words ‘after’ and ‘before’ for which they are being working on. To avoid the confusion sometimes Ganit mala is used as they respond well with Ganit mala as it is easy to visualize and tell. Gradually the concept of the between numbers have been made a little tough. For example- (What numbers come between 25 and 30).



They took an hour to understand this concept. But slowly they discovered the way. Comparison of numbers from 1 to 100 is also clear to most of them now,

except a few who are confused with the meaning of words like 'more', 'less', 'big' and 'small' and 'greater' and 'smaller'.

The level of the children varies a lot in this group. So, they have been allotted into three sub-groups. Whenever a new concept is to begin, it always starts with the whole group and slowly the groups are divided according to their pace. Now the concept of skip counting of some numbers has been started. Ganit Mala is used for skip counting of 2, 3, 4, and 5.



The first group can do the skip counting of 2, 3, 4 and 5 without use of Ganit mala although they get a little slow with the skip counting of 4. Now they are also clear in Addition of one-digit with one-digit, and two-digit with one-digit till 30. They know the concept of breaking of numbers and can break 9 and

10. They are also acquainted with simple word problems related to addition they have done.

The second group can do the skip of 2, 3, and 5 without Ganit mala but for doing the skip counting of 4, they require the Ganit mala. They are clear in addition of one-digit with one-digit. Sometimes they require objects to add. They know the breaking numbers of 10. They can solve the simple word problems related to addition with objects.



The third group still requires the Ganit mala for doing skip counting of 2, 3, 4 and 5. They need objects to solve the story sums of addition of one-digit with one-digit.

The group goes at an average speed but there are few exceptions who take a lot of time to grasp the concepts. They can do better if they will be regular to school and develop their concentration span.

### **Skill work**

The children like to do skill work. To develop their fine motor skills they do drawing, painting, cutting and pasting the collage, paper folding and



colouring the pictures. Most of the children like to do painting in a playful manner with water colours. They like to paint with their fingers, palm and thumb. They also like to paint the trees by using the leaves. For their gross motor development, they sweep their group. After finishing their work, they always wind up their things and put them in their respective places.

All children like to do their own creative drawings. They use different colours



of crayons and oil pastels. Now they can make the figures of trees, houses, sun, birds, flowers, etc. They can also fill up the colours according to their pictures. For example: - the canopy of trees is green and the trunk is brown. Sun is orange or yellow. All the children enjoy filling up the colours in the

pictures. Some children fill up very nicely without crossing the lines of the figures and some children take time to do the same, so they just scribble the crayons on the paper.

The children like to make the toys with paper folding. A few children can make the complete folding of paper with a little help. Many children need help to make proper folding. In paper folding they have learnt to make boat, frog, aeroplane, tip-top, house and double boat.

In cutting and pasting they make collage. Some children finish their work patiently and finish on time. Some children take time to finish their work. Some children try to finish their work in a hurry, so in this way they don't do it properly.

All children like to do puzzles. Some children can solve 30 to 40 pieces of puzzles. Some children can do 15 to 20 pieces of puzzles. A few children can't put the right piece in right place.

All the children enjoy dancing with the music. They like to do different body movements. They like dancing on their local music and Sambalpuri music. They also enjoy a lot, dancing on the song "Bum bum bole".



They like to watch cartoon movies, short English stories and rhymes. Some children can understand the stories and some children likes to watch the pictures only as they are unable to understand the language completely.

## Celebrations

Whenever there is a function in the school, the children eagerly wait to perform on the stage. They like to wear the costumes and the make-up and painting done on their faces for the plays and dances. On November 29<sup>th</sup> they performed a drama “Henny-Penny” and sang the song “Suraj zara aa pass aa”.



On Christmas- They performed a dance on the music of the song “Jingle bells”.

On January 26<sup>th</sup>, the children took part in the celebration of Republic Day and Saraswati puja. They

participated in the flag hoisting of our national flag. For Saraswati puja they chanted the chant “Ya kundendu tushara hara dhabala”.





On February 21<sup>st</sup> - The Mother's Birthday, the children did a Hindi drama "Sabse achhi sabji kon hai?"

On March 8<sup>th</sup> they enjoyed celebrating Holi with all the other children and teachers. They enjoy a lot playing with

the handmade Holi colours. They also had great fun buying and eating different fast-food items which were put up by the teachers in small stalls.

### Children's birthday celebrations

All the children eagerly wait for their birthday to come as it is indeed a very special day for each of them. The children are given new clothes from the school on their birthdays. The rest of the children of the group wish the birthday child through birthday songs as well as make cards for him/her.s

