Basant Gouda

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Report for 2022-2023 (Second Term)







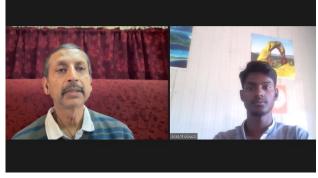
Academics

I am doing graduation- B. Com (Hons.)- From IGNOU (Indira Gandhi National Open University) and am in the final year right now. I appeared for my second-



year exams in December'22 and cleared all the papers. Now I am taking online classes from Ms. Sharmila Datta from Delhi for Economics Courses and Sandeep Saha from Kolkata for Marketing Courses. I also study Accounting with Pranjal Bhaiya.





Volunteering

Together with my studies, I participate in helping the younger students at my school with their studies. I teach maths to 6th class students (Progress Group) and help the younger students of classes 4th and 5th (Perseverance Group) with their Project work. We do a lot of activities in the project class like- chart making, watching videos etc. In December, Perseverance Group started Course Book of Science and Social Science. I am helping them in science.



Celebrations



In our school we celebrate many festivals and events. Christmas, Saraswati Puja, and Holi were some of the festivals that we celebrated in the last few months. On 26th January, Republic Day, we hoisted the Indian flag in the School. We had our Annual Sports Day on 4th of February. Some special

guests had come from Delhi, Padmashri Kumari Tara Jauhar and others. They visited us for a few days for our Annual Sports Day. We also performed many

programmes for them. I had Participated in a play, 'I Must Know the Truth' presented by Faith Group. Holi celebration was so much fun. We played Holi with turmeric powder and the Natural Colours that were made in our Kitchen.









Sports

I love playing sports. I play games like football, basketball, and volleyball. I become a little aggressive while playing basketball, but I must control myself, which I have been trying to do. I also love swimming and this year I enjoyed swimming. Twice a week I take games of the younger children and

make them do exercises and make them play different games.





I had a very wonderful time in these six months. I took part in three School Trips within these six months.

Trip 1- Bhubaneshwar, Puri and Konark

Bhubaneshwar is the capital of my state, but I had never visited the famous places and monuments



in Bhubaneshwar. In October I got a chance to visit Bhubaneshwar with the Smile Group children (8 years old). We started the trip on 2nd of October. Motorboat was the first mode of transport; we then took auto from Champaguda to the railway station. On reaching Khandagiri by train, we were



welcomed to a hostel where we spent our nights of the trip. After refreshment and breakfast, we visited the Lingaraj Temple, which is the largest temple in Bhubaneshwar. It is dedicated to Lord Shiva.





In the evening we visited the Khandagiri Caves. There were some important caves like Kumari Parvat or Hathi Gumpha, Ganesh Gumpha, Jaya Vijaya Gumpha, Queen's palace cave or Rani Gumpha. The next day we visited the Nandankanan zoo. There I saw many animals like monkeys, baboons, white tigers, Royal Bengal tigers, deer, lions, hippos, elephants,

wolves and foxes, crocodiles, giraffe, different snakes, and birds. On the way back we visited the



Pathani Samanta Planetarium. The next day we visited the Gandhi Peace Centre. There I saw different pictures of Mahatma Gandhi and heard his recorded voice which was overwhelming. We followed the next morning by visiting the Shanti Stupa and Konark Temple.





Jagannath Puri was very crowded as it was the day of special Darshan of the Deity. I managed to see the idol of the Deity and helped some younger ones to see it. Late at night we reached Kalupada Ghat and halted in a Sri Aurobindo Integral School. The next morning after breakfast we visited the Chilika Lake and Narayani Temple. In the evening after dinner, we set out for Kechla. So, this was the trip to our capital city Bhubaneshwar.











Trip 2- South India

The South India trip was a two-week trip. It started on the second of November. From the nearest railway station- Paliba, we took a train to Simhachalam (Vizag). The train was quite crowded. In the morning I was all set to climb the over a



thousand steps to reach the Simhachalam Temple. Lunch was arranged for us. After returning we boarded the train from Vishakhapatnam for Kanyakumari. The train journey was a very new experience as the train was so crowded with people and luggage, that there was no place to put our foot on the floor. After two days of the journey, we reached the Nagercoil junction and took a bus to Triveni Lodge where we spent our next two days. I had South Indian Dosa with special coconut chutney and sambar for breakfast. Then we visited the Vivekanand Rock Memorial by boat.







Afterwards we visited the Marine Aquarium,

Kumari temple, Gandhi Memorial and the Triveni Sangam; the meeting point of the three water bodies- Bay of Bengal, Indian Ocean and Arabian sea. The next morning, we visited the Vivekanand Memorial and the Ramayana Hall. In Vivekanand Memorial I read about his life story and his views on India. In the Ramayana Hall I saw the exhibition on Ramayana and Mahabharat which was

displayed with Hand Paintings. In the evening we walked to Eco Park which was well organised. After dinner I packed my things for my next journey to Madurai.





In Madurai we rested in Arvind Eye Hospital and visited the Famous Meenakshi Temple. After lunch I visited the Thirumalai Nayakkar Mahal. After spending a night, we started for Rameswaram, one of the 4 pilgrimages of India.



The train journey was very thrilling as my train was moving over the Pamban sea bridge. It was a beautiful sight. We reached Rameswaram and rested in Kamayani Hall. After our lunch we went to Dhanush Kodi a place from where Shri Ram had built the bridge to



Sri Lanka. On the way back we went to the Ghost Town

which was destroyed by the Tsunami. The next day we visited the famous Rameshwar Temple. The architecture of the temple was very fascinating. We also visited Ram Tirtham, Lasman Tirtham, and Sita Tirtham. The most attracting place was the Panchamukhi Hanuman Temple, where we saw the floating stone. We were also told the story of the floating stone.









After an exhausting train and bus journey, I reached the Delhi Guest House in Pondicherry, where I spent the last five days of my trip. After refreshing with shower, I went to the ashram dining hall for breakfast. Then I went to the shrine



of Lord Sri Aurobindo and The Mother. The buildings and the streets were so similar that on the first day we were enjoying ourselves being lost and searching for our house. On the first day we went to ashram playground, Sabda, Auroshikha, handmade paper department. The next day we visited the zoo where we saw many

different animals and, on the way back we visited the crocodile park. Afterwards the bus took us to Mahabalipuram.



The next visit was to Auroville. First, we saw a movie on the vision and aim of Auroville. We walked a long way to reach Matrimandir, but the entry was prohibited because of the rain. Then we visited the ashram garden. In Paradise beach I enjoyed myself by playing in the water and the sand. I never missed visiting the seashore in Pondicherry.







Trip 3- Goa for Water Sports



Lifesaving Techniques course

The first course was of Lifesaving Techniques, for five days.

16th February was the first day of the course. We had theory classes from 9 am to 6 pm. Our instructor was Shri

The aim of this trip was, to learn lifesaving techniques and kayaking techniques courses. On 14th February I started from Kechla and reached Vasco Da Gama station on 15th. My train was quite late. I stayed the in the NIWS (National Institute of Water Sports) campus.



Ranjeet Singh. He covered so many aspects of lifesaving, Aim of Lifesaving, Basics of Lifesaving, Priority of safety, Qualities of Lifeguard, Knowledge of zone, what is drowning, Types of drowning victims and symptoms. The class went on for the whole day. In the evening I went to the White Church in Panjim.



The next day I had to swim 100 meters in just 3 minutes. It semed easy but the salt water was a barrier as I was not used to it. However I managed to swim 100 metres within 3 minutes. Then Ranjeet Sir made us do exercises to get used to the salty water. After lunch I had theory class again. It was more in depth about



rescue, front huggies and Rear huggies, lifesaving stroke, and various types of rescue contacts.









On 18th February the morning session was the same but in the aternoon we went to see the Goa Carnival. I had a lot of fun.

The next day was the same in the morning session. But in the theory class, emergency action plan, lifeguard instructions, and First Aid was covered. I was taught how to do CPR (Cardiopulmonary Resuscitation). After the theory class we got an opportunity to practice the CPR on a dummy model.





On 21st, I had to give a test on whatever I had learnt in all these days. I was a little nervous, but I did my best. The test included rescuing a person by different types of huggies and putting the person in recovery position. After lunch at 3:30 pm practical of CPR started with Meghraj Sir, and in the next room was the

detailed Viva test by Ranjeet Sir.



On 22nd we were free. We visited North Goa. We visited places like Aguada Fort, Aguwada Jail and Museum, Baga beach, Anjunam beach and Calagute beach. In Calagute beach we did many



water sports like Jet ski, Parasailing, Banana ride and bumper ride. It was all so much fun.







Kayaking Course

Next was the kayaking course techniques.



On 23rd February the Kayaking course started. In the theory class I was told about the basics of Kayaking, different types of boats- motorised and non- motorised, and types of Kayaks- sit on and sit in. After the class, all of us carried the kayaks and went to the beach for learning the basics of kayaking. Gradually on each day the various difficulties of Kayaking increased. I learnt how to climb on the kayak,



balancing, toppling the Kayak and then making it straight again, rescuing a person on the Kayak etc. I also learnt different strokes of kayaking with the paddle. In the theory class I also learnt about the right of way i.e how to

cross a boat that is coming from front, followed by tying different types of knots like- thumb knot, figure of eight, follow through figure of eight, fisherman's knot, clove hitch, bowline knot, sheet bend knot, reef knot, and figure of eight with single loop and double loop. I already knew a few of these knots so I could learn

the other knots quite easily.

26th was the last day of my courses. The tests were taken again. It started with swimming test with timings being taken. It was followed by kayaking tests. Kayaking



test included going straight with the kayak between two points, reversing, making figure of eight with the kayak between three points, toppling the kayak and flipping it back and rescuing a person on the kayak. Then was the test of rescuing a victim in the kayak.



In the afternoon some guests like a senior IAS Officer- Sh. Ajit Roy and Professor S. Babu the Director of NIWS were present. They asked us many detailed questions about what we learnt in all.



In the evening we went on a cruise.

On 27th we went for visiting some places in South Goa. I visited many places like, Old Goa Church, Mangueshi Temple, Spice Garden, Big Foot Museum, and Science Centre.

I really enjoyed the trip. I have learnt a lot in these two weeks. Now I have enough confidence to teach swimming to the other children of my school and village and also to rescue a drowning person.















